

EIGHTH ANNUAL

Women in Business CONFERENCE



MAY 1, 2025 NIU Center | Naperville, IL | 9:00 am to 2:00 pm

AGENDA – Subject to change

830am-9:00am **REGISTRATION & NETWORKING**

9:00am - 9:25am WELCOME - Laurie Silvey, VP, Business Services, IL Chamber of Commerce

9:25am - 10:20 am

BOUNCING FORWARD: HOW TO PROPEL FORWARD THROUGH FAILURE -Opening Session - Jessica Tepas, Speaker, Writer, Semi-Sweet Tooth

Recent research has shown that 31% MORE people believe the future won't be as bright as the present compared to just one decade ago. We are losing our ability to grow through failures to design a brighter future. It's time to make a change and learn how to bounce forward with resilience. Jessica knows the remarkable power of resilience well. A self-proclaimed "expert at being a beginner," she thrives on practicing the skill of learning through failure and growing and adapting through life's

vulnerable moments of transition

10:20 am - 10:30 am **NETWORKING BREAK**

10:30am- 11:15 am Panel Discussion - tba

Moderator – Kim Godden

Panelist - invited Panelist - invited Panelist - invited

TAKING THE LEAP FROM CORPORATE TO STARTUP AS A NEW MOM 11:15 – 11:45 am General Session - Brittany Hizer, Co-Founder and COO, Pluie

> In early 2020 Brittany took a leap of faith and boldly transitioned from her corporate career to the dynamic world of startups. Balancing new motherhood with the uncertainties of entrepreneurship, she navigated the rewarding yet demanding lessons of startup life. Growth and transformation followed. Her venture, Pluie, has since flourished, earning accolades from Fast Company as a World Changing Idea and being named one of TIME Magazine's Best Inventions. Pluie Diaper Changing Tables, now a staple in restrooms nationwide, have captured the spotlight on Shark

Tank, Good Morning America and Jeopardy. Brittany is passionately committed to revolutionizing family convenience with innovative, cleaner, and more comfortable

solutions for families worldwide.

NETWORKING BREAK and LUNCH 11:45am - 12:30 pm

12:30pm - 1:05 pm

TAKING THE KEY ROLE IN YOUR HEALTH DECISIONS

General Session - Dr. Dakisha Lewis, Obstetrics & Gynecology,

Chairperson/Medical Director, Advocate Health Care

The importance of women's health, the key role women play in making health decisions and more

1:05 pm - 2:00 pm

NO REGRETS, NO LIMITS: HOW TO ACHIEVE THE BIG GOALS (THAT REALLY MATTER)

Closingl Session - LeeAnn Marie Webster, host, Full Self Expression Forum

As a leader, you're always reaching for more, in both your career and personal life. Yet you often get so caught up in the day-to-day that you don't focus on the BIG goals – the ones you really want to achieve. You think if you only had more resources (time, money, etc) you'd be able to achieve more.

Yet you always have resources for others when they need you. But what about when YOU need you? We often treat others better than we treat ourselves.

In this fascinating session, recovering attorney and Ironman® Finisher LeeAnn Marie Webster will share how you can use her No Regrets Formula to stop putting off the BIG goals and achieve the results you truly desire.

After this session you'll be able to:

- 1. Self-motivate in any situation
- 2. Release regret from past actions (or inactions)
- 3. Accomplish goals more effectively and efficiently
- 4. Choose a powerful crew

2:00 - 2:15 pm

Drawings for door prizes, closing remarks – Laurie Silvey, VP, Business Services

2:15 pm

Adjourn

2:30 - 3:00 pm

DISCOUNTED RATES ON GROUP HEALTH INSURANCE United Healthcare and Illinois Chamber of Commerce

Learn how your business can get discounted access to group rates on an employee health plan through the <u>UnitedHealthcare Community Chamber Program</u>. 25% average savings on a health plan - Working side by side with the Chamber, this program provides an average savings of 25% on your medical premiums! compared to other UnitedHealthcare plans in Illinois. You may also get additional savings of up to 4% when you offer a UnitedHealthcare specialty plan like dental or vision alongside your medical plan. See how much your business may save.